

VCCL Results - parkrun 2022

Race 22

Saturday, 24 September, 2022

parkrun

Place	Name	#	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
1	Craig Harris	343	5	18:59	24	3:40	0:00	15:19	0:00		3:48
2	Mark Andrews	144	5	17:44	15	2:15	0:03	15:26	0:07		3:33
3	Brendan Norden	77	5	22:25	42	6:20	0:33	15:32	0:13		4:29
4	Corey Lawson	233	5	18:17	18	2:45	0:00	15:32	0:13		3:39
5	Julian Harris 01	132	5	18:06	15	2:15	0:00	15:51	0:32		3:37
6	Martine Beer	83	5	20:21	30	4:30	0:00	15:51	0:32		4:04
7	Shane Ezard	228	5	19:11	20	3:00	0:00	16:11	0:52		3:50
8	Russell Johnson	30	5	22:48	43	6:30	0:06	16:12	0:53		4:34
9	Adina Morrow	273	5	22:03	37	5:35	0:09	16:19	1:00		4:25
10	Francis Dowdle	369	5	17:50	8	1:15	0:15	16:20	1:01		3:34
11	Irene James	60	5	26:01	64	9:40	0:00	16:21	1:02		5:12
12	Fraser Murray	191	5	21:42	31	4:40	0:27	16:35	1:16		4:20
13	Les Williams	93	5	21:15	22	3:20	0:21	17:34	2:15		4:15
14	Wayne James	119	5	23:11	37	5:35	0:00	17:36	2:17		4:38
15	Greg Foran	171	5	21:51	21	3:10	1:03	17:38	2:19		4:22
16	Gary Blake	320	5	25:50	51	7:40	0:27	17:43	2:24		5:10
17	Fiona Ely	368	5	29:39	62	9:20	1:03	19:16	3:57		5:56
18	Mark O'Brien	33	5	34:56	52	7:50	0:30	26:36	11:17		6:59
19	Glenn Sullivan	280	5	35:06	27	4:05	0:13	30:48	15:29		7:01